



BikeTexas

Advancing Bicycle Access, Safety, and Education since 1991

 UTHealth[®] Houston
School of Public Health


MICHAEL & SUSAN DELL
CENTER *for* HEALTHY LIVING

Robin Stallings
Executive Director
robin@biketexas.org

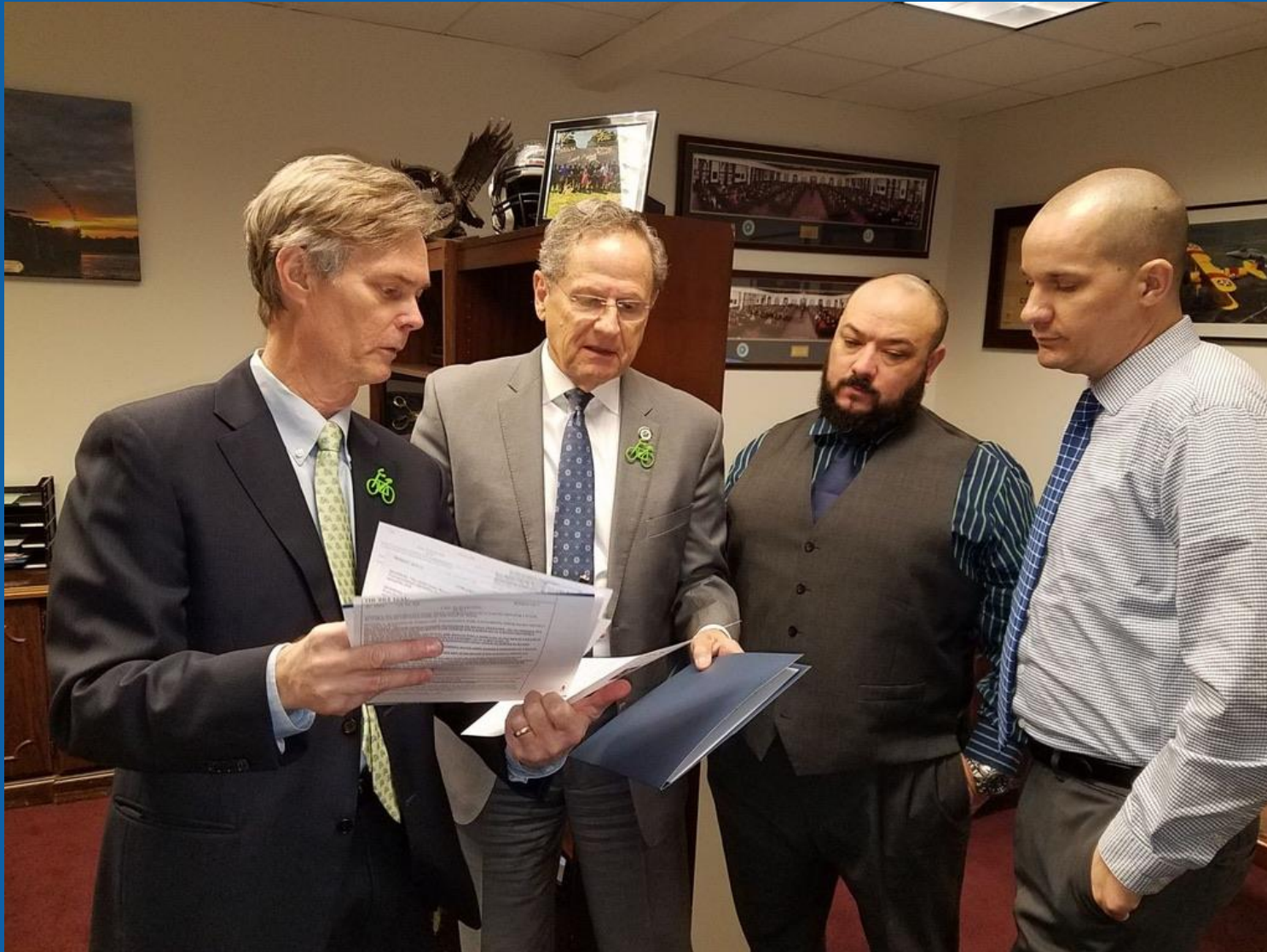
The (Bike) Trail to Health and Economic Prosperity



City Hall



At the Texas Capitol



Bicyclist Texas Lobby Day!



Capitol Hill, Washington, DC



Road, Sidewalk, Bike Path and Rail

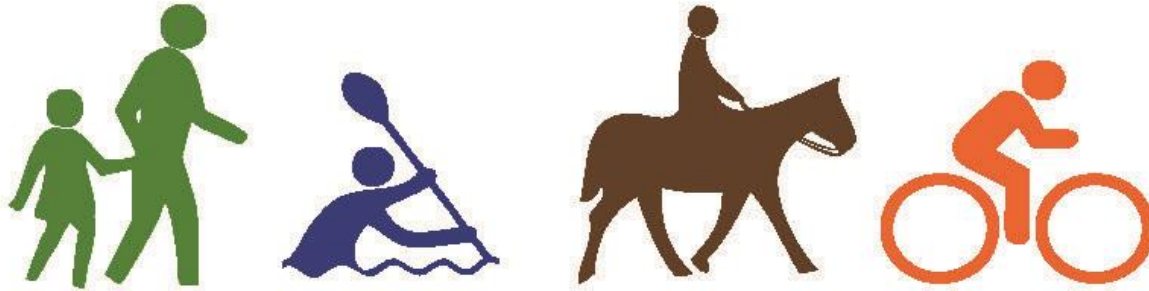


All Ages and Abilities



Toll Road Bike Trail





Texas Trails & Active Transportation Conference



**Early Bird
Deadline -**

July 31, 2024

Fort Worth to Dallas Regional Trail

Legend

Regional Trails

- 2040 Regional Veloweb

Community Shared-Use Paths and Bikeways

- Off-Street, Existing
- Off-Street, Funded
- Off-Street, Planned
- On-Street, Existing
- On-Street, Funded
- On-Street, Planned
- Rural Paved Shoulders, Existing
- Rural Paved Shoulders, Planned

Regional Trail Corridor Facility Status

- Existing (37 Miles)
- Funded by 2014 Transportation Alternatives Program (TAP) (11 Miles)
- Funded by other sources (7 Miles)
- Planned (9 Miles)
- Unfunded

Highlighted Regional Trail Corridors

- Highlighted Regional Trail Corridor
- Other Highlighted Regional Trail Corridors

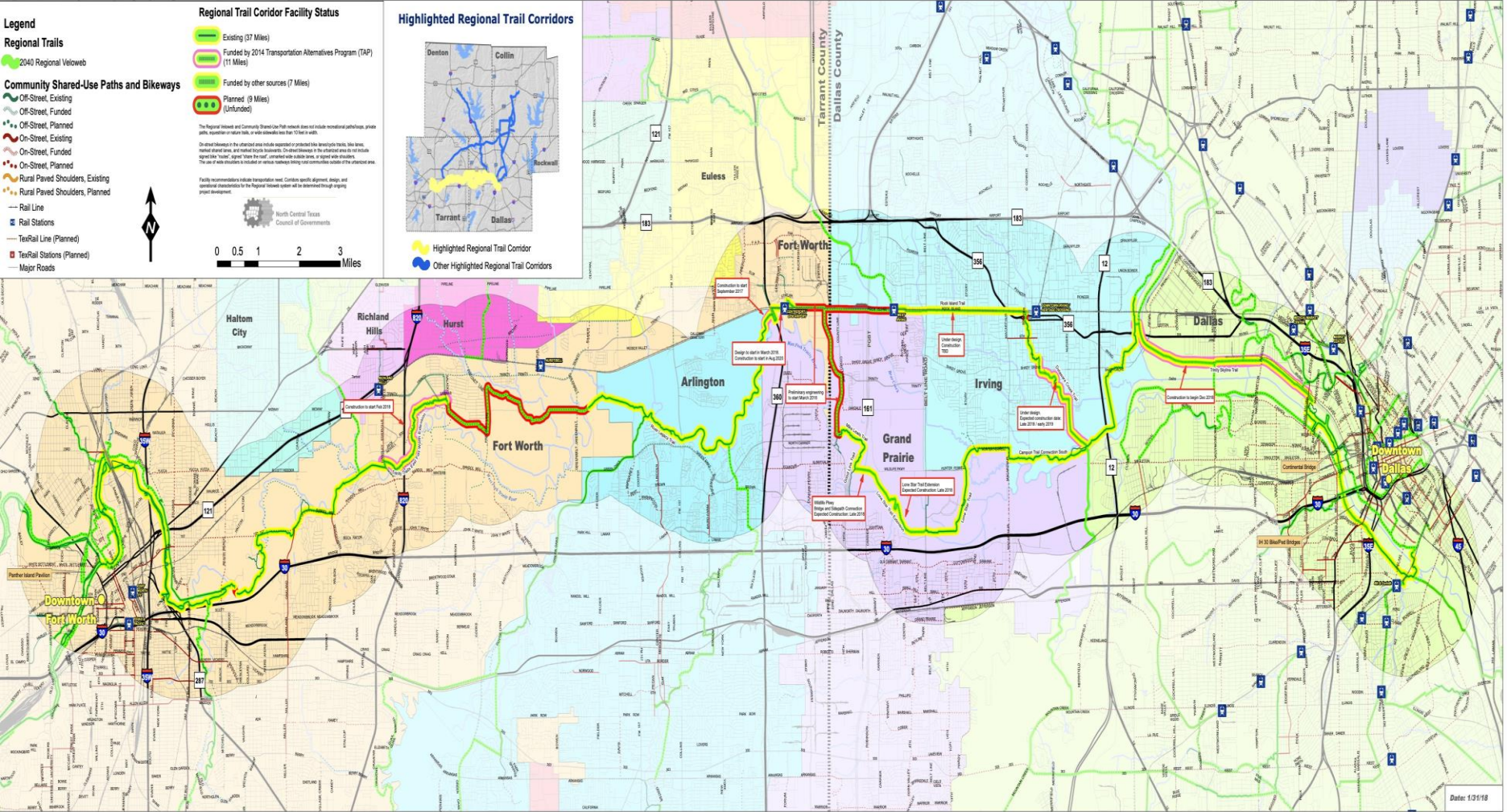
North Central Texas Council of Governments

0 0.5 1 2 3 Miles

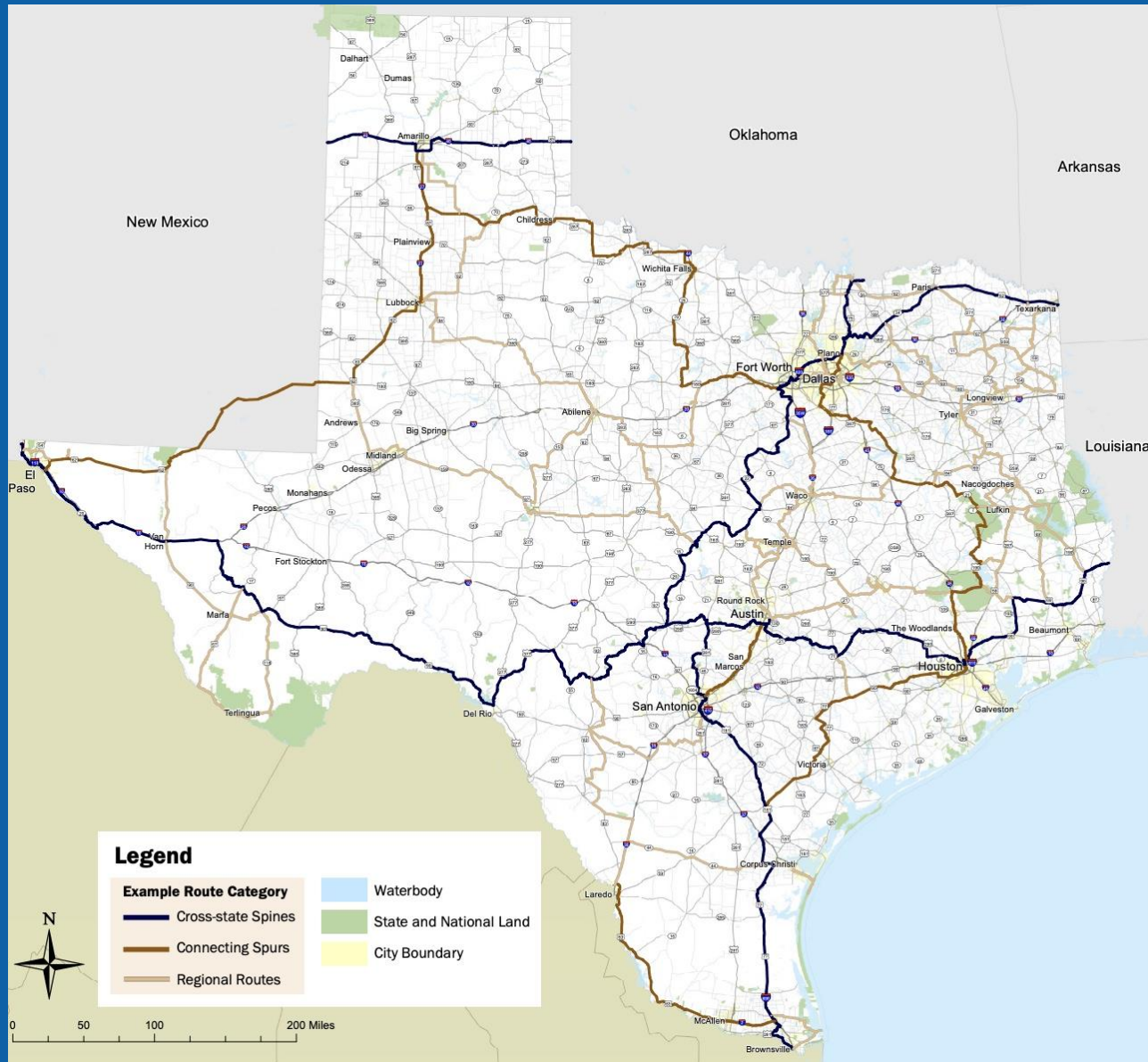
Highlighted Regional Trail Corridors

Highlighted Regional Trail Corridor

Other Highlighted Regional Trail Corridors



Texas Bicycle Tourism Trails Example Network



State Active Transportation Plan

**Brandye
Hendrickson, PE**



Bicycle Tourism Trails Study:

**Bicycle tourists spend
an average of \$136
per day⁽¹⁾**



Bicycle Tourism Trails Study:

People who live near shared use paths are 50% more likely to meet physical activity guidelines and 73% to 80% more likely to bicycle⁽³⁾



Elements of the Example Network:

Cross-state Spines

- Routes of statewide significance which connect to other states and link major urban areas
- May be candidates for US Bicycle Route System (USBRS)

Connecting Spurs

- Routes of statewide significance which connect major urban areas, state/national parks, and other destinations
- Provide important links between cross-state spines

Regional Routes

- Routes of regional significance that connect to scenic areas and frequently form regional loops

SafeCyclist Curriculum

Fifteen Lesson Plans

Each one includes:

- In This Lesson
- Objectives
- Equipment & Supplies
- Vocabulary
- Classroom Activities
- Physical Activities
- Homework
- Cycling Across the Curriculum
- Teaching Notes



Safe Routes to School

Event Handbook

*For Parents, Teachers, and
Community Members*



BikeTexas

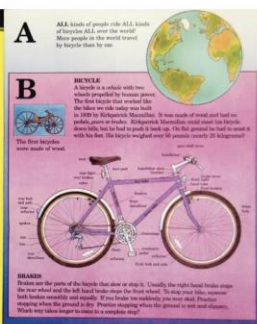
BikeTexas.org/SafeRoutesEventHandbook

Bicycle and Pedestrian Safety Books



Order books and safety lights

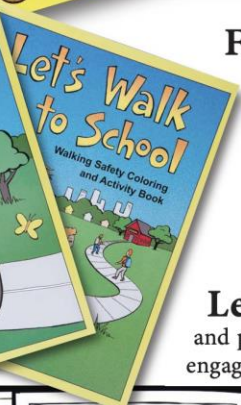
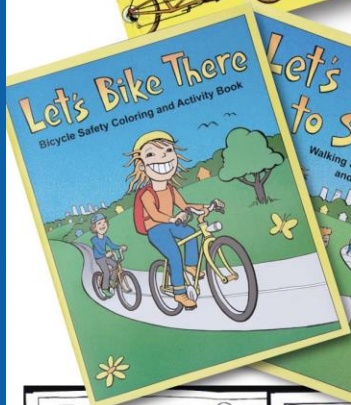
- Teach bicycle and pedestrian safety
- Encourage physical activity



These materials have been designed to support the work of:

- Traffic Safety Specialists
- Law Enforcement Agencies
- Health Departments
- Physical Activity Promoters
- Safe Routes to School organizers
- and more!

Contact BikePedEd@BikeTexas.org or call 512-476-7433 for more info



From A to Z By Bike booklet teaches young adults grades 4-8 to ride bicycles safely and defensively, to wear helmets and to apply good judgment to potentially dangerous traffic situations. It is easy to read, ethnically inclusive and lots of fun. We consider the content most effective if integrated with classroom instruction.

- Available for as little as \$0.45/book
- Custom branding available

Let's Bike There and Let's Walk to School are bicycle and pedestrian safety activity books designed for grades K-3 that provide fun and engaging drawings, safety tips and activities to encourage safe biking and walking.

These activity books have been a very popular and excellent resource for several Safe Routes to School programs in states across the U.S. They provide a fun way for kids to engage with other kids, teachers, and parents about biking and walking safety.



BikeTexas KidsKup



Safe Routes to School





Deanna Hoelscher, PhD

Impact of SRTS Infrastructure
on Active Commuting in Central Texas Schools
STREETS Study

Deborah Salvo, PhD



Impact of SRTS Infrastructure
on Active Commuting in Central Texas Schools
STREETS Study

Evaluating the impact of SRTS infrastructure - Hoelscher - Salvo



Austin Safe Routes to School Program – If We Build It, They Will Use It

**Coleen
Gentles**



Austin Safe Routes to School Program – If We Build It, They Will Use It



**Amir
Emamian**



Gil Penalosa

The Magic Pill to Live Healthier & Happier



Ciclovia



Open Streets



Trails for Fitness, Fun and Friendships



Open Streets is Global



Open Streets for all Ages



All Ages and Abilities Network Tour

Austin Bike Infrastructure Tour

★ **Start**
BikeTexas
900 Springdale Rd.

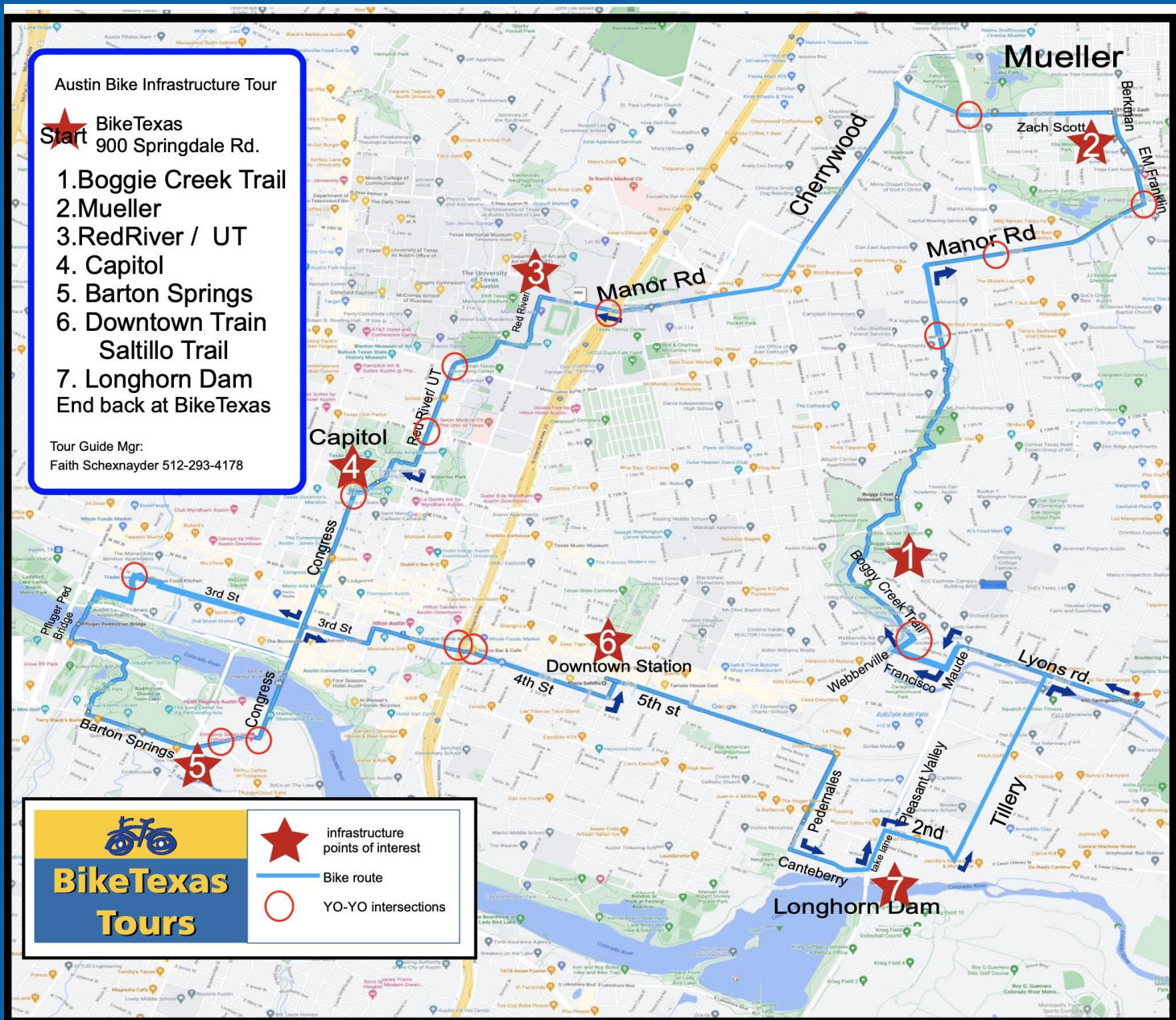
1. Boggie Creek Trail
2. Mueller
3. Red River / UT
4. Capitol
5. Barton Springs
6. Downtown Train
Saltillo Trail
7. Longhorn Dam
End back at BikeTexas

Tour Guide Mgr:
Faith Schexnayder 512-293-4178



**BikeTexas
Tours**

- ★ infrastructure points of interest
- Bike route
- YO-YO intersections



All Ages and Abilities Network Tour



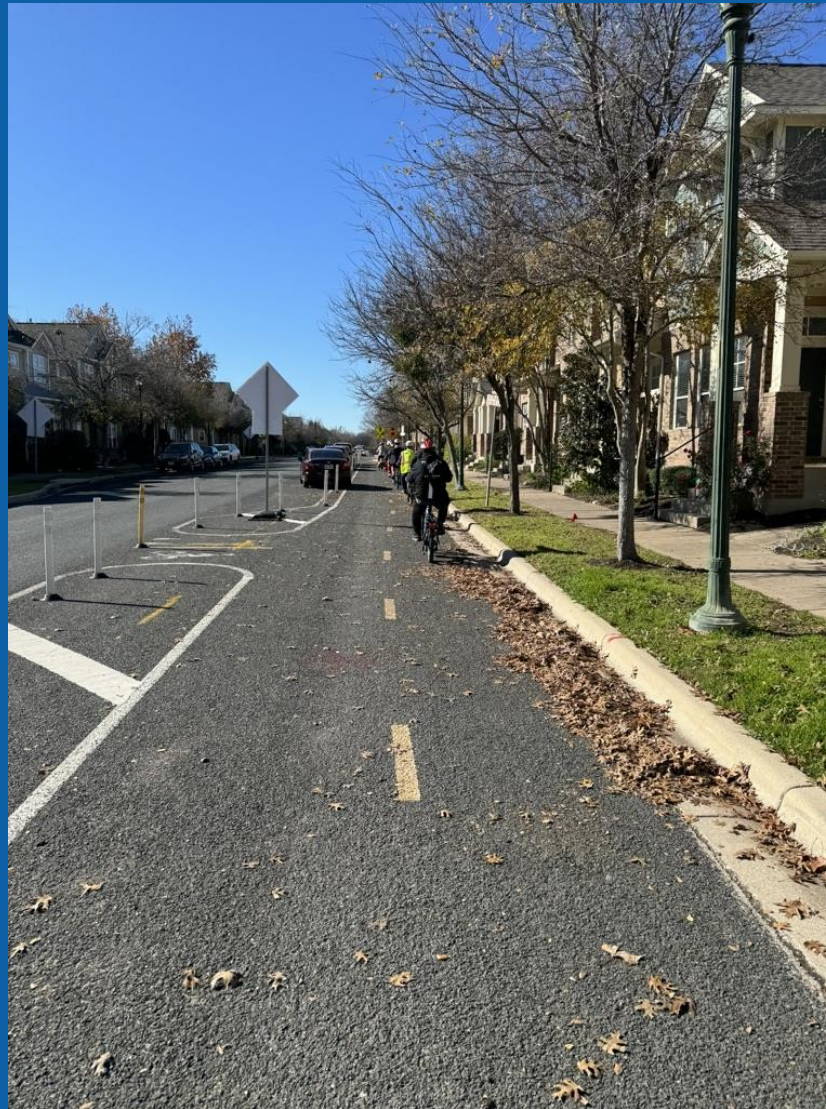
All Ages and Abilities Network Mobile Workshop



All Ages and Abilities Network Mobile Workshop



All Ages and Abilities Network Mobile Workshop



All Ages and Abilities Network Mobile Workshop



All Ages and Abilities Network Mobile Workshop



**James
Sallis, PhD**



Bicycling Makes Better Cities:
Co-Benefits of Bicycling and Walking



Typical Bike Lane (Poor)

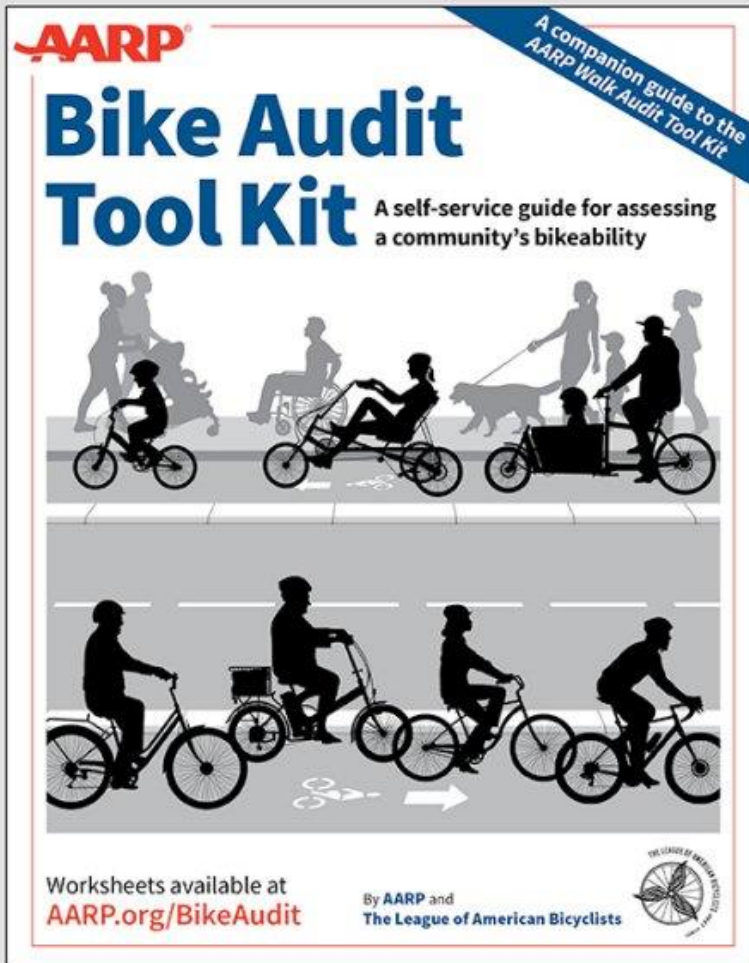


Parking Buffered Bike Lane (Good)



**Celebrating and Valuing
Cyclists!**

Jessica Lemann



Bond Funding for Active Transportation

**Council Member
Paige Ellis**

\$460 million
in Austin



Bond Funding for Active Transportation

**Justin
Schultz**

**\$100 Million
in Houston**



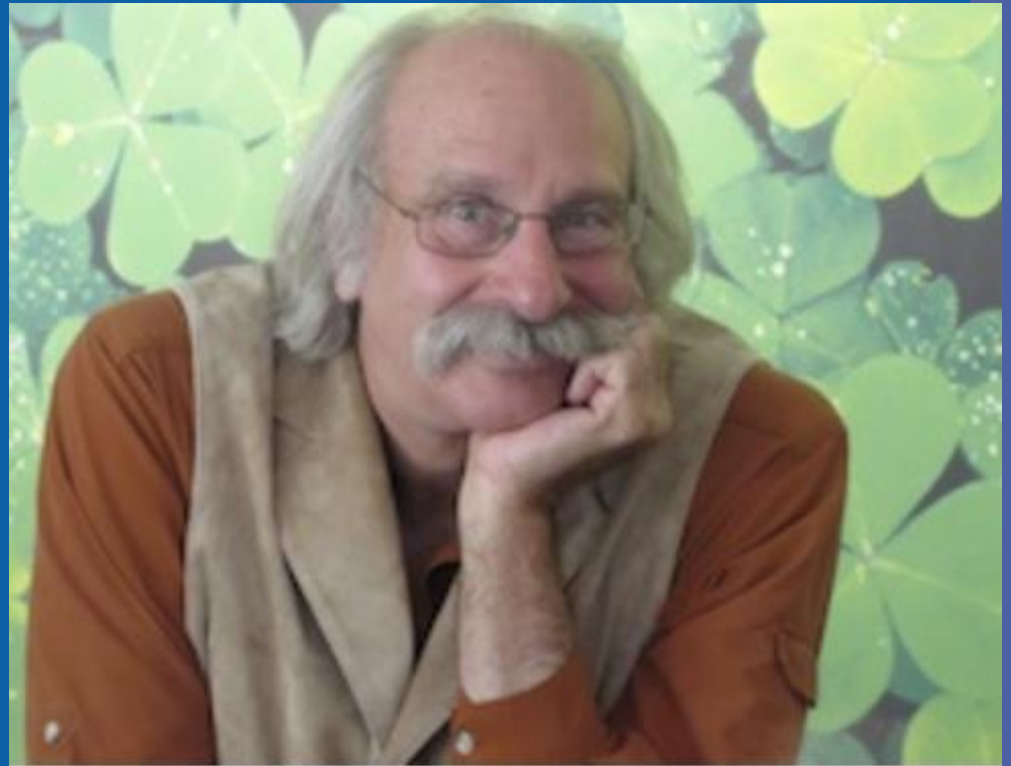
Yang Li, PhD



Emerging Data Sources in Active Transportation

Building Healthy Communities

Dan Burden



Building Healthy Communities



Building Healthy Communities



Building Healthy Communities



Building Healthy Communities



Building Healthy Communities





BikeTexas

Advancing Bicycle Access, Safety, and Education since 1991

Q & A

Robin Stallings
Executive Director
robin@biketexas.org

Thank you!



Early bird deadline:
July 31st

[TTATconference.org](https://ttatconference.org)

Visit the TTAT 2024 Website

[TTATCONFERENCE.ORG](https://ttatconference.org)



See you there!